



Maharaja Sawai Bhawani Singh School Jaipur

Dear Students & Parents,

As we continue our journey through this academic session, I am filled with immense pride as I reflect upon the achievements and enriching experiences of our students. With the successful completion of the Term I Examinations, our learners have demonstrated their academic commitment and ability to embrace challenges with confidence and perseverance.

I am delighted to share that Maharaja Sawai Bhawani Singh School, Jaipur has been ranked No. 1 in Rajasthan and No. 1 in Jaipur under the category of Holistic Education in the prestigious North India School Merit Awards 2026 by EducationToday. Adding to this honour, MSBSS has also been ranked No. 3 in Jaipur and No. 4 in Rajasthan in the India's Best Day Co-Ed Schools category in the Cfore School Rankings 2026. These recognitions reflect our collective commitment to academic excellence, holistic development, sports, innovation, values and experiential learning.

Our sporting excellence continues to make us immensely proud. The MSBSS Girls Under-19 Handball Team secured the Gold Medal at the CBSE West Zone Tournament 2026 for the sixth consecutive year, reaffirming a remarkable legacy of dedication, discipline, teamwork and perseverance. Our champions have also continued to distinguish themselves across various inter-school competitions and sporting events, bringing recognition to the school through their talent and determination.

Furthermore, our commitment to holistic and experiential learning continues to grow through skill-based initiatives, Atal Tinkering Lab activities, innovation and design-thinking experiences, leadership programmes and enriching workshops. These opportunities encourage students to think creatively, develop essential life skills and emerge as confident, responsible and future-ready individuals.

The Cultural Show presented by our Pre-Primary and Class I students was another delightful expression of creativity, confidence and the joy of learning.

As we step into the next phase of the academic year, let us carry forward this spirit of excellence, ensuring that every learner feels valued, motivated and inspired to reach greater heights in knowledge, character and compassion.

I extend my heartfelt appreciation to all parents for their continued support and my best wishes to students for their ongoing success.

*Best wishes,
Vaidehi Singh
Principal*

Newsletter
July to September
2026-27

Awards

Maharaja Sawai Bhawani Singh School
Ranked No. 1 in Jaipur & No. 1 in Rajasthan under the
categoey Holistic Education in the
North India School Merit Awards 2026 by EducationToday



Awards

Maharaja Sawai Bhawani Singh School
Ranked No. 3 in Jaipur and No. 4 in Rajasthan in the
"India's Best Day Co-Ed Schools" category by Cfore School
Rankings 2026



Awards

***ATL School of the Month - August 2026
By Atal Innovation Mission, Niti Aayog***



THIS CERTIFICATE IS PRESENTED TO

**MAHARAJA SAWAI BHAWANI SINGH SCHOOL
JAIPUR
FOR FEATURING IN THE ATL SCHOOL OF THE MONTH FOR
Aug-26**

KEEP TINKERING AND KEEP INNOVATING

Chintan Vaishnav

Dr. Chintan Vaishnav
(Mission Director, Atal Innovation Mission - NITI Aayog)



AN INSPIRING INTERACTION

***Exploring the Future of Tourism in the gracious presence of
Hon'ble Deputy Chief Minister of Rajasthan Smt. Diya Kumari Ji
at Rajasthan Creators Conclave 2026 on the occasion of World
Tourism Day - 27th September 2026***

Venue: Rajasthan International Centre, Jaipur



Principal, Ms. Vaidehi Singh as the Moderator for a Panel Discussion at

***‘Push the Envelope’ Youth Conclave hosted by
Maharaja Sawai Man Singh Vidyalaya, Jaipur
Topic: “Social Media Influencers Are More Powerful Than
Politicians”***



Investiture Ceremony

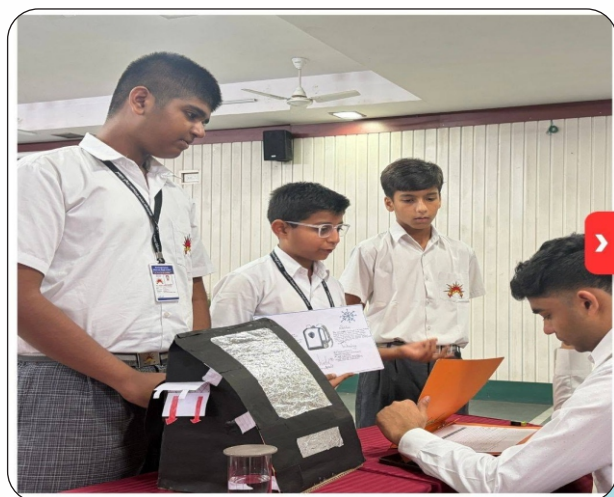
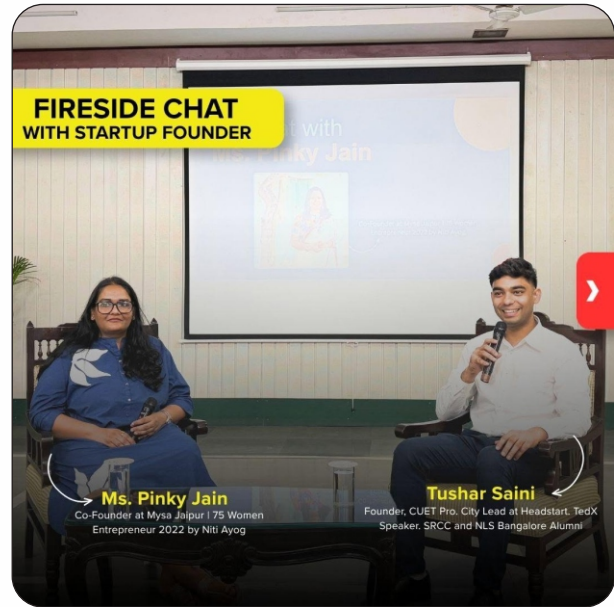
New Leaders, New Beginnings

Date: 08.07.2026



ENTREPRENEURSHIP & STARTUP ECOSYSTEM AT MSBSS

Launch of The Founders Lab in Collaboration with GCEC Global Foundation



Academic Achievements

Felicitation Ceremony

Excellent Performance in CBSE Board Examinations

Class X



Class XII



Achievements

***Young Minds, Big Ideas
MSBSS Students Shine in
“TO PUSH THE ENVELOPE”
at Maharaja Sawai Man Singh Vidyalyaya, Jaipur***



Pragnay Gupta (Class XI)



Ananya Sharma (Class XII)

Achievements

Youth Conclave “TO PUSH THE ENVELOPE”

Pragnay Gupta (Class XI)

Quiz



First Position

Cash Prize - ₹ 2,100

Impactful Thought Provoker



Cash Prize - ₹ 1,100

Achievements

***World Cultural Performing Arts -
International Online Dance Contest & Festival by
Natraj Art and Cultural Heritage Foundation***

Third Position

Aarnashri Sharma (Class IX)



AUSMUN 2026

United Nations Human Rights Council (UNHRC)

High Commendation Award

Gaurika Sharma (Class XII)



Achievements

Danya Jain (Class IX)

Shines at Nazar Photo & Art Exhibition 2026 showcasing her paintings at Jawahar Kala Kendra



Achievements

Inter-School Competitions

First Position

Event: Brand Buzz - Ad Mad Show



***Abhikriti Arora (Class IV), Doyel (Class V),
Sidhiksha Chandrawat (Class V), Riley Mishra (Class V),
Vivin Bhatia (Class V), Anaya Jain (Class V)***

Event: Best Out of Waste



***Vidisha Dechalwad (Class VI), Apoorva Dixit (Class VI),
Hiya Bansal (Class VII), Navika Sachdeva (Class VII)***

Achievements

Inter-School Competitions

First Position

Event: Extempore



***Ojasvi Khandelwal
(Class VIII)***

Event: Elocution Competition



***Divyanshi Singh
(Class XI)***

Event: Canvas Chronicles - Culture Fusion Art (Indian and International)



***Yashvardhan Soni, Tanishka Mehta
(Class IX)***

Achievements

Inter-School Competitions

First Position

Event: The World Through My Eyes (Poetry Recitation Competition)



***Avni Khatri, Hinaya Sirowa, Kimyra Agarwal,
Shivay Sharma
(Class PP5)***

Event: Dance Competition



***Kashvi Pareta
(Class VII)***

Achievements

Inter-School Competitions

First Position

Event: Solo Freestyle Dance



***Kashvi Pareta
(Class VII)***

Event: Scene Stealer - Dramatic Adaptation of Shakespeare's Macbeth



***Chirag Kakkar (Class XI), Divyanshi Singh (Class XI), Aahana
Pathak (Class XI), Gaurika Sharma (Class XII),
Akshita Burdiya (Class XII), Chinmay Thada (Class XII)***

Achievements

Inter-School Competitions

First Position

Event: Calli - Doscope



***Saavi Agarwal
(Class VI)***

Event: When Stories Collide



***Prachalan Fauzdar
(Class IX)***

Achievements

Inter-School Competitions

Second Position

Event: Tales Alive Story Enactment



***Toshika Nama (Class I), Viyanshi Mehra (Class II),
Niyansh Sharma (Class II), Amaira Jain (Class II),
Prakhar Sharma (Class II)***

Event: Dance Competition



***Yuvika Nagar (Class VII), Yashri Soni (Class VII), Kashvi Pareta
(Class VII), Harshali Sethi (Class VIII), Anaya Sharma (Class VIII),
Isha Sharma (Class VIII)***

Achievements

Inter-School Competitions

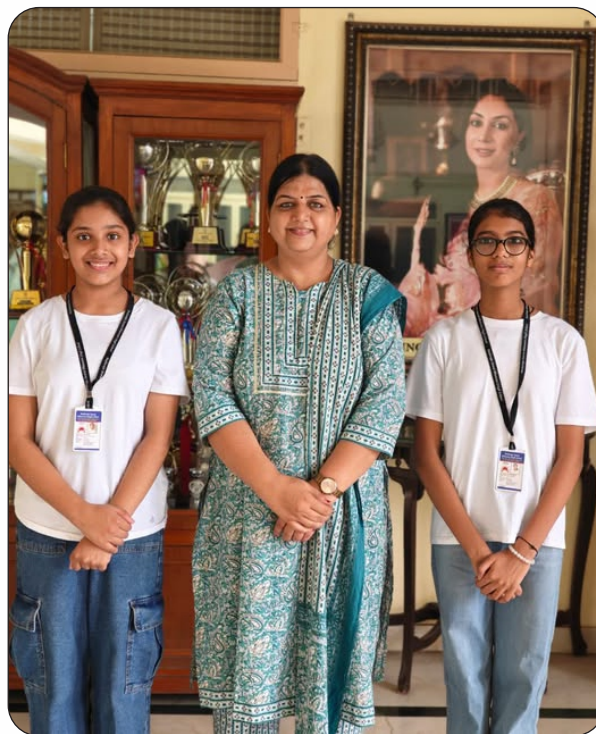
Second Position

Event: Glam Stride Fashion Walk Competition



Samaiyra Arora (Class II), Amaira Jha (Class III)

Event: Rang-E-Mitti Pot Decoration Competition



***Arika Khandelwal, Viya Khandelwal
(Class VII)***

Achievements

Inter-School Competitions

Second Position

Event: Calli - Doscope



***Aaradhya Singh
(Class VI)***

Event: Toynovation



***Anaya Sharma, Sumaira Shah
(Class VIII)***

Achievements

Inter-School Competitions

Second Position

Event: Emotions in Mask



***Yashaswi Giri (Class III), Trijal Jerath (Class IV),
Mrigya Tiwari (Class V)***

Event: Fireless Cooking



***Samya Rohra (Class VII), Prajjwal Singh (Class VII),
Rutvi Khanna (Class VIII), Chitrakshi Dheerawat (Class VIII)***

Achievements

Inter-School Competitions

Second Position

Event: Group Dance



***Aarna Goyal, Anaya Dadeech, Harshika Gupta, Kavya Choudhary,
Shagun Gupta, Yuvakshi
(Class II)***

Event: Fashion Show - The Dreamweaver's Array



***Tanisha Sharma, Prisha Dubey
(Class III)***

Achievements

Inter-School Competitions

Second Position

Event: Mask Making - Tribal Art Of India



***Jaivik Manghnani, Prisha
(Class III)***

Event: Travel Poster (Art Competition)



***Prisha Sharma, Ditya Vijay
(Class I)***

Achievements

Inter-School Competitions

Third Position

Event: Cultural Parade (Fancy Dress Competition)



***Gurbani Kaur Sethi
(Class PP4)***

Event: Code Your Tale



***Shivaay Sharma, Vidhi Ramnani
(Class V)***

Event: Caricature Making



***Jyothi M.
(Class XI)***

Achievements

Inter-School Competitions

Third Position

Event: Rhythm United Group Dance



***Mudita Sharma (Class IV), Siddhiksha Sharma (Class IV),
Vardha Chhawl (Class IV), Veda Richa Garg (Class IV),
Dishani Agarwal (Class IV), Aarjav Jain (Class IV),
Delisha Sharma (Class V), Adhira Arora (Class V)***

Event: Business Pitch Competition



***Rudra Khatri, Hridyangna Jain, Vanshika Jain
(Class XI)***

Achievements

Inter-School Competitions

Third Position

Event: Start Up Spark - Business Plan Competition



***Namish Sharma, Prachi Chouhan, Praaket Saraf
(Class IX)***

Event: Group Song - Power of Ideas



***Advika Pandey, Prashvita Sharma, Bhaumik Singh Rawat, Jeevesh
Jayaswal, Dhananjay Marag, Saanvi Singh, Bani Chaturvedi, Rishik
Vardineni, Avyaja Srivathsa, Stuti Khatri, Jivyanshi Rajawat, Mihit
Sharma, Amaya Singhal
(Class IV)***

Achievements

Inter-School Competitions

Third Position

Event: Culinary Master - Cooking Without Fire



***Aaradhya Gaur (Class VI), Ishi Vijay (Class VII),
Rivyanshi Kasliwal (Class VII)***

Event: STEM Project Junior Competition



***Vivaan Gupta (Class VI),
Anshuk Sarkar (Class VII) , Navya Nandwani (Class VII)***

Achievements

Inter-School Competitions

Third Position

Event: Kavita Ke Kagaazi Kartooz (Hindi Poetry Recitation)



***Amayraa Jain
(Class V)***

Event: Creative Writing - Voices from the Village



***Tathya Sehra
(Class IV)***

Achievements

Inter-School Competitions

Third Position

Event: English Debate Competition



***Shubhaangi Tewary
(Class XI)***

Event: Rhythm Rumble - Seemaon Ke Rang



***Kiyana Gupta (Class VII), Prashansa Jain (Class VII),
Yashri Soni (Class VII), Yuvika Nagar (Class VII),
Ilena Chakraborty (Class VII), Pahal Jetwal (Class VII),
Harshali Sethi (Class VIII), Charvi Goswami (Class VIII)***

Sports Achievements

CBSE West Zone Tournament 2026

Handball

Girls Under - 19 Team

*Gold Medal for the Sixth
Consecutive Year*



Sports Achievements

CBSE Cluster Tournament

Kabaddi

Girls Under - 19 Team

Bronze Medal



Sports Achievements

5th Rajasthan State Pickleball Tournament



***Aditya Chandrawat
(Class XI)***

Gold Medals

- *Under-16 Singles Category*
- *Under-16 Doubles Category*

Silver Medal

- *Pro Men's 19+ Open Singles Category*



***Bhavisha Khanna
(Class IV)***

Gold Medal

- *Under-10 Mix Doubles Category*

Bronze Medal

- *Under-10 Singles Category*

Sports Achievements

5th Rajasthan State Pickleball Tournament



Priyaash Rana (Class X)

Gold Medal

- ***Under-16 Mix Doubles Category***



Shridha Joshi (Class VI)
Parnika Joshi (Class VIII)

Gold Medal

- ***Under-14 Doubles Category***



Rutvi Khanna
(Class VIII)

Silver Medal

- ***Under-14 Doubles Category***

Sports Achievements

70th Jaipur District Education Department Tournament

Volleyball

Girls Under - 17 Team

Bronze Medal



Football

Boys Under - 19 Team

Bronze Medal



Sports Achievements

5th Rajasthan State Pickleball Tournament



Parnika Joshi (Class VIII)

Silver Medal

- ***Under-14 Singles Category***



Shridha Joshi (Class VI)

Bronze Medal

- ***Under-12 Singles Category***

Sports Achievements

70th Jaipur District Education Department Tournament

Under-14, 500 Meter Quad Event

Gold Medal

***Shubh Sarna
(Class VIII)***



Sports Achievements

Under-14 Girls 10 Meter Air Pistol Event

70th Jaipur District Education Department Tournament

Silver Medal

CBSE West Zone Shooting Tournament

Bronze Medal

***Saanvi Godara
(Class VI)***



Sports Achievements

20th Sahibzada Zorawar Singh Inter-School Tournament

Handball

Girls Under - 19 Team

Gold Medal



Sports Achievements

JPGS Sports Fest

Basketball Girls Team

Gold Medal



(Classes IX & X)

Silver Medal



(Classes VII & VIII)

Basketball Boys Team

Bronze Medal



(Classes IX & X)

Sports Achievements

JPGS Sports Fest

Chess

Silver Medal



Kriti Jain (Class X)

Bronze Medal



Durvish Yagnik (Class X)

Badminton

Silver Medal



Aditya Meena (Class IX)

Sports Achievements

Acharya Purushottam Uttam Memorial Cup

Basketball



Silver Medal

Under-19 Team

Football



Silver Medal

Under-19 Team

Sports Achievements

Pinkcity Sports Open Badminton Tournament

Mantavya Gulati (Class VIII)



Silver Medal & Cash Prize - ₹ 1100

Sports Achievements

Acharya Purushottam Uttam Memorial Cup

Taekwondo



Daivik Adlakha (Class IV)

Gold Medal

Under-11, 25 kg Weight Category



Jeevansh Adlakha (Class VIII)

Gold Medal

Under-14, 49 kg Weight Category

Shooting



Saanvi Godara (Class VI)

Gold Medal

Under-14, 10 Metres Air Pistol

Cultural Show

Pre-Primary Section - PP3 & PP5

Theme: Kahaniyon Ki Duniya - Ek Naya Andaz

Date: 25th September 2026



Cultural Show

Pre-Primary Section - PP3 & PP5

Theme: Kahaniyon Ki Duniya - Ek Naya Andaz

Date: 25th September 2026



Cultural Show

Pre-Primary Section - PP4 & Class I

Theme: Kahaniyon Ki Duniya - Ek Naya Andaz

Date: 26th September 2026



Cultural Show

Pre-Primary Section - PP4 & Class I

Theme: Kahaniyon Ki Duniya - Ek Naya Andaz

Date: 26th September 2026



CBSE Activities

HUBS of Learning Activity

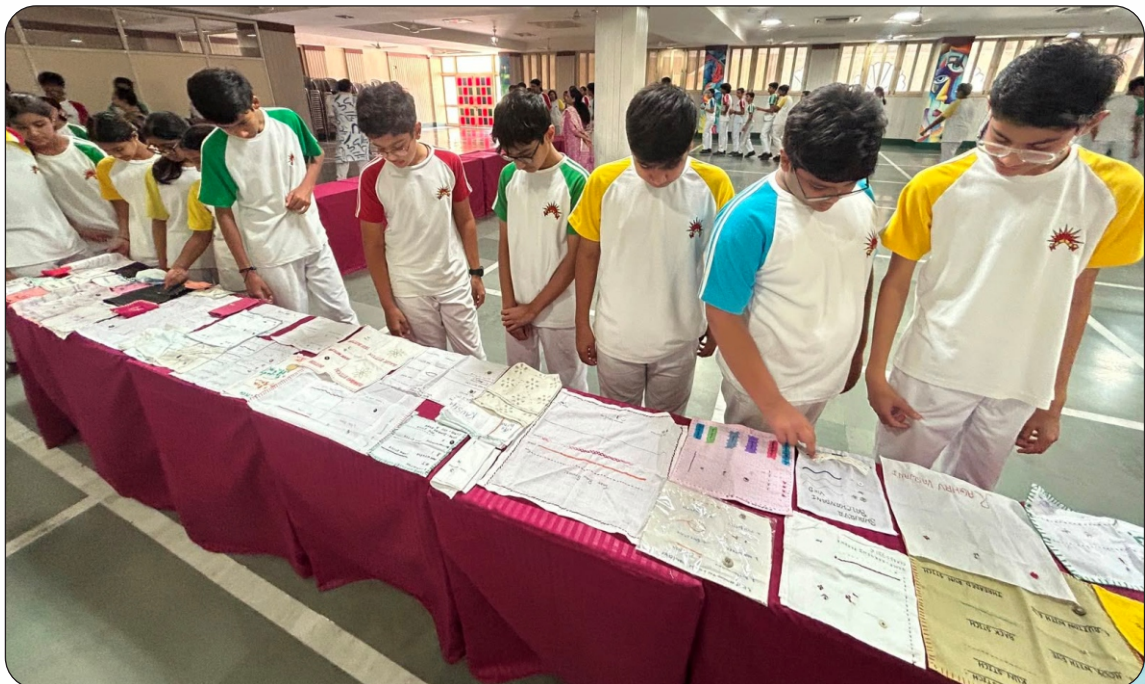
MSBSS, as Leader School, Hosts Students of St. Angela Sophia School, Mahaveer Public School under the theme Mental Well-being Through Sports



CBSE Activities

Vocational Education (Kaushal Mela)

(Classes VI - IX)

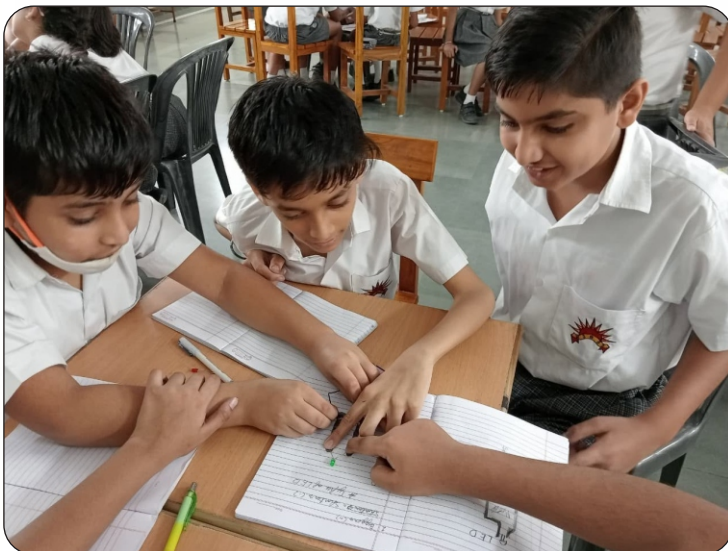


ATL Activities

Youth Skills Day (Class VIII)



Exploring the Concept of Conductors and Non-Conductors (Classes VI - VIII)



ATL Activities

Exploring the Evolution of Display Technologies with the 7 - Segment Display (Classes IX & X)



Celebrating the Spirit of Independence through Smart Flag Hoisting System (Classes IX & X)



Workshops / Sessions for Student Enrichment

Awareness Session Topic - Cyberbullying (Classes VI - VIII)



Orientation Session Regarding Three Language Policy Introduced by CBSE (Class IX)



Workshops / Sessions for Student Enrichment

First Session of The Founders Lab



Workshops / Sessions for Student Enrichment

INTACH FILMIT India Workshop



Creating a Traditional Bioscope Under The Jaipur 300 Project



Workshops / Sessions for Student Enrichment

***Exploring the Importance of
The Right Subjects. The Right Choices. The Right Opportunities
(Classes X - XII)***

***Resource Person: Mr. Pawan Solanki (Renowned Overseas
Education Counsellor)***



Workshops / Sessions for Student Enrichment

Value Education & Life Skills Sessions (tGELF)

Topic: Young Leaders, Big Impact (Class IX)



Topic: Leadership Skills - Nurturing Young Minds, Inspiring Future Leaders (Class X)



Topic: Nurturing Tomorrow's Leaders Today (Class XI)



Topic: Problem Solving (Class XII)



Workshops / Sessions for Student Enrichment

Design Thinking & Innovation Workshop (Classes XI & XII)

***Resource Person: Dr. Sheenu Jain (Associate Professor of
Entrepreneurship at LNMIIT)***



Workshops / Sessions for Student Enrichment

Understanding and Managing Peer Pressure (Class XI)

***Resource Person: Dr. Sheenu Jain (Associate Professor of
Entrepreneurship, LNMIIT)***



Workshops / Sessions for Staff Enrichment

Topic: Kaushal Vikas (Vocational Education)

by Jaipur Sahodaya School Complex

***Resource Persons - Dr. Manish Jain & Mr. Ashish Sharma,
Regional Mentor of Change, Atal Innovation Mission (AIM), NITI
Aayog***



Workshops / Sessions for Staff Enrichment

An Interactive Session on Organ Donation by Mohan Foundation Jaipur Citizen Forum (MFJCF) highlighting the YODHA Club (Youth for Organ Donation - Hope and Advocacy Club) initiative for Youth Leadership at Ashok Club.



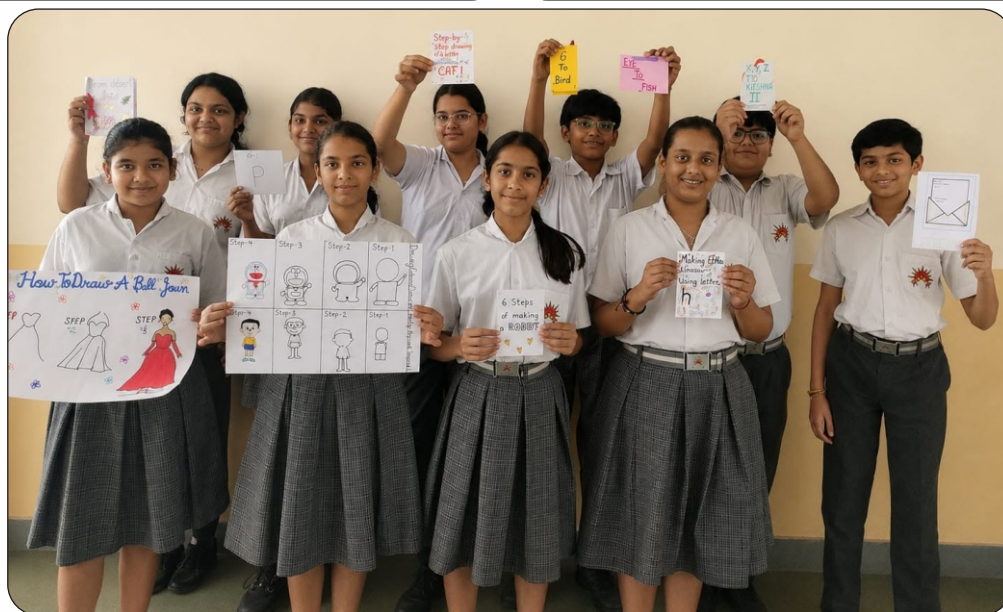
Design Thinking & Innovation

Introduction to Elements of Design and Story Creation (Classes VI - VIII)



Design Thinking & Innovation

Exploring Form Transitions & Discovering Forms in the Environment (Classes VI - VIII)



Inter-House Competitions

Debate Competition (Classes IX - XII)



Idea & Innovation Competition (Classes VI - X)



Celebration of Important Days

Van Mahotsav Week



Celebration of Important Days

National Handloom Day



French Day



Celebration of Important Days

Youth Skills Day



Celebration of Important Days

International Justice Day



World Nature Conservation Day



Celebration of Important Days

Independence Day



Celebration of Important Days

National Space Day



Celebration of Important Days

Khel Diwas



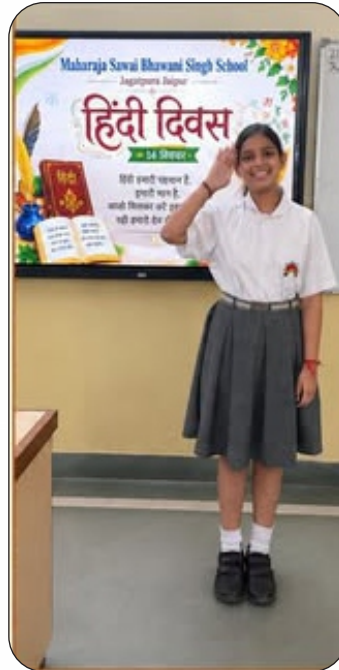
Celebration of Important Days

Teachers' Day



Celebration of Important Days

Hindi Diwas



Celebrations

Guru Purnima



Celebrations

Raksha Bandhan



Visits

MAX Creative Safar, Rajasthan's Biggest One-Day Design Event at Rajasthan International Centre, Jaipur (Classes XI & XII)



Alumni Connect

Nesayam Lokesh (Batch 2025-26)

Inspiring Through the Rhythm of Music



Alumni Accolades

Arjun Mehta (Batch 2023)

Earns recognition at the University of Michigan.

- *Selected as a Featured Student by the Department of Industrial and Operations Engineering for its department posters.*
- *Completed an internship with American Airlines as a Continuous Improvement Intern in Airport Operations.*



Alumni Accolades

Kavya Jain (Batch 2021)

Made an Impact Through Research on " Psychological Stressors and Coping Experiences in Indian Classical Dancers " published in Q1-ranked Journal of Dance Medicine & Science



Sage Journals Search this journal Enter search terms... Advanced search Access Profile Cart

Browse by discipline Information for

Journal of Dance Medicine & Science

Mary Ann Liebert **IADMS** Impact Factor: 1.5 / 5-Year Impact Factor: 1.6 Journal Homepage Submission Guidelines

Restricted access Research article First published online September 2, 2025 Re-use permissions

Psychological Stressors and Coping Experiences in Indian Classical Dancers

Kavya Jain, MSc, and Ashwini Govinda, PhD View all authors and affiliations

OnlineFirst <https://doi.org/10.1177/10893130251484386>

Contents Get access Cite Share options Information, rights and permissions Metrics and citations

Abstract

Introduction:

Indian classical dance (ICD) is a popular and highly structured art form that encompasses mime, choreographed movements, and rhythmic footwork along with traditionally influenced cultural practices which affect the overall psychological health of dancers. Although it is known that dance enhances functional well-being, the literature investigating the mental health of ICD practitioners (ie, resilience, challenges, and coping) is scarce. This research studies how ICD influences dancers' emotional well-being

Get citation

***MSBSS Students getting Admissions at
Renowned Colleges / Universities***



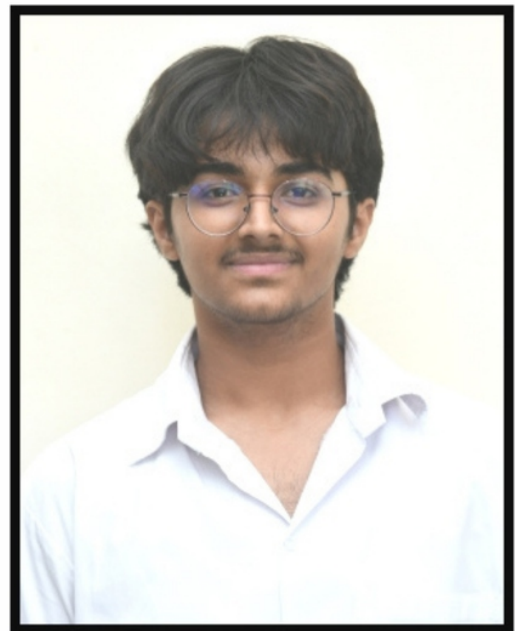
***Riddhika Gothwal
National Law University (NLU),
Delhi***



***Viraj Sulaniya
National Law University (NLU),
Delhi***



***Khushanjai Singh
National Law University (NLU),
Himachal Pradesh***



***Aryan Singh
National Law University (NLU),
Himachal Pradesh***

***MSBSS Students getting Admissions at
Renowned Colleges / Universities***



***Radhika Kandira
NIFT,
Jodhpur***



***Hejal Chaudhary
Rabindranath Tagore Medical
College, Udaipur***



***Vedika Gulati
Lady Shri Ram College,
Delhi University***



***Avishi Sharma
Deen Dayal Upadhyay College
Delhi University***

***MSBSS Students getting Admissions at
Renowned Colleges / Universities***



***Anvay Sharma
Dr. B.R. Ambedkar College,
Delhi University***



***Daksh Khosla
BITS, Mesra ,
Ranchi***



***Rishik Hota
BITS,
Pilani***

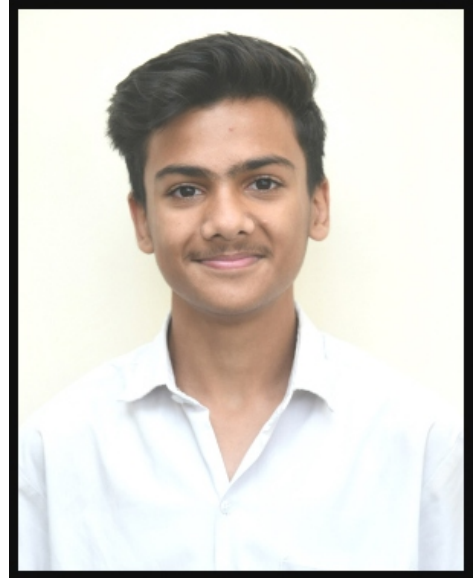


***Riddhi Pareek
VIT,
Vellore***

***MSBSS Students getting Admissions at
Renowned Colleges / Universities***



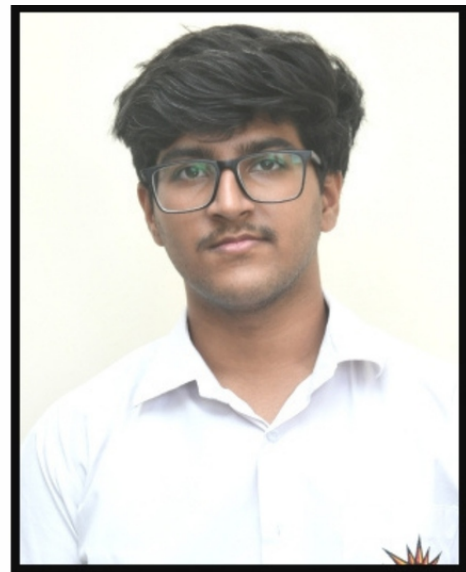
***Shreevatsan Sakti
VIT,
Chennai***



***Mahipat Singh Rathore
VIT,
Amravati***

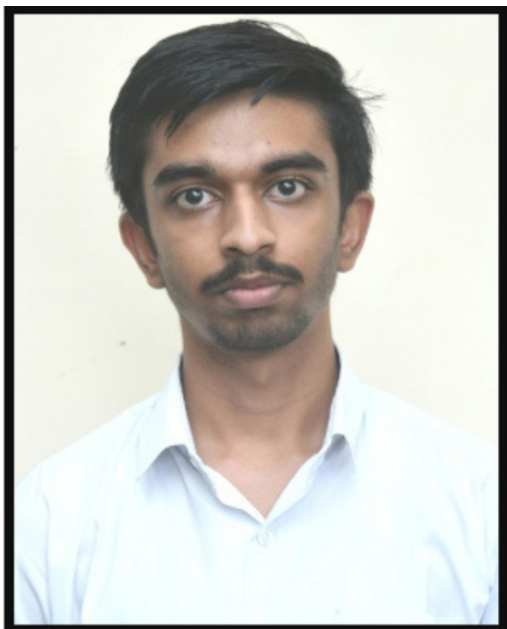


***Nesayam Lokesh
Ashoka University,
Delhi***



***Adityaa Chopra
Nalsar,
Hyderabad***

***MSBSS Students getting Admissions at
Renowned Colleges / Universities***



***Divyendra Singh Rajawat
UPES,
Dehradun***



***Arnab Mathur
UPES,
Dehradun***



***Yashasvi Rai
JIIT,
Noida***

***MSBSS Students getting Admissions at
Renowned Colleges / Universities***



***Mayur Agarwal
Narsee Monjee College of
Commerce and Economics,
Mumbai***



***Vatsal Kotawala
Narsee Monjee Institute of
Management Studies, Mumbai***



***Drona Aameriya
Narsee Monjee Institute of
Management Studies, Mumbai***



***Vamika Singh
Narsee Monjee Institute of
Management Studies, Mumbai***

Farewell

With Gratitude for Years of Dedicated Service



Ms. Neelam Bhatia



Ms. Neha Arya